

Care Caterers

Menu Solutions



MSC Pollock

Pollock is part of the cod family - so we will be popular with your residents. These products also come with the sustainability assurance that the fish is from a Marine Stewardship Council (MSC) accredited fishery.

These products are supplied frozen and can be cooked from frozen. We recommend the breaded & battered products be baked.

MSC Battered Pollock Fillets

Small and large portions both available.

Size:

57g portion (40 portions per pack) 16POLBA57E9D
85g portion (40 portions per pack) 16POLBA85E9D

MSC Breaded Pollock Fillets

Small and large portions both available.

Size:

57g portion (40 portions per pack) 16POLBR57E9D
85g portion (40 portions per pack) 16POLBR85E9D

MSC Breaded Pollock Fillets

Skinless & boneless, this product offers a versatile choice.

Size:

110 - 140g portion (30 portions per pack) 16POLSI11E5R

Cod

Battered Cod

This product is supplied frozen and can be cooked from frozen. We recommend it being baked.

Size:

80 - 110g (30 portions per pack) 08CODBA85E8W

Cod Bites

These cod bites are a manageable sized menu option.

Size:

3kg pack 08CODBRB100E4V

Haddock

A great alternative to cod, haddock holds a slightly stronger taste and a more fragile texture.

Haddock Fillets

Skinless & boneless, this product offers a versatile choice for all diners.

Size:

110 - 140g portion (30 portions per pack) 08HADS11E8W

Plaice

Plaice offers the perfect alternative to pollock and cod, introducing variety and another species of fish for your residents.

Breaded Plaice Fillets

This product is supplied frozen and can be cooked from frozen. We recommend it being baked.

Size:

80 - 110g portion (36 portions per pack) 08PLABR80E9A
110 - 140g portion (24 portions per pack) 08PLABR11E8Q

Fresh Salmon

Salmon Supremes

Fresh salmon fillets. Scaled and skinned portions available.

Size:

Scaled 110 - 140g portion 01SALI11E08
Skinned 110 - 140g portion 01SALI11E09

Fresh Trout

Trout from ChalkStream® Foods is rated a 2 (good choice) by the Marine Conservation Society.

ChalkStream® Trout

Scaled & boned, this product offers a versatile choice.

Size:

Scaled & boned 110 - 140g portion 01TROCSP11E08
Scaled & boned 110 - 140g portion 01TROCSP11E09

Fresh Mackerel & Sardine

Whilst every effort has been made to remove bones, some small bones may still remain. Both species ensure a versatile choice for your menu.

Mackerel

Size:

Fillets circa 90-110g in weight 01MAC00E06

Sardine

Size:

Whole fish weigh circa 70-90g before prep. 01SARF00K04